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WEDDING

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BODY SHAPE SPECIAL

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Gordon Ramsay
creates your perfect
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What he really
thinks about
you as a bride

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BRIDAL DIETS**
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to wear my
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- * Beautiful bouquets
- * Hollywood hen nights
- * Plus eyeliner that lasts even if you cry all day!

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TOP OF THE FOOD CHAIN: MALDIVES

For archetypal Robinson-Crusoe-island delights, the Maldives does not disappoint. But for a resort (the Maldives boasts a 'one island, one resort' policy) that offers beauty, exotic marine life and an unrivalled gastronomic experience, it has to be the Baros Resort in the North Male Atoll.

THE LINGERING

From four-course banquets served by a butler on your private sun deck, to bespoke, romantic dinners on the beach, complete with flaming torches and waves lapping at your feet, the food here is sublime. Award-winning Australian chef Damian Barrell whips up mouth-watering menus with an abundance of fresh seafood, exotic fruits and local spices. A particular highlight is the Cayenne Grill, where, if you're lucky enough to land a beauty on the sunset fishing trip, they'll prepare your freshly caught fish in front of you.

THE FINEST DETAILS

For full-on romance between the meals, honeymooners should choose to base themselves in a Water Villa. Boasting panoramic ocean views (even from your mammoth granite bathtub), direct access to the calm, marine-life-teeming waters, a mango wood four-poster bed and a fridge stocked with fine wine, you'll find it hard to leave the room.

Just make sure you venture out for a relaxing massage at the SEN Spa, or a scuba-diving lesson with the excellent Baros International Dive Centre.

PACK YOUR BAGS

Daytime temperatures average 28°C all year, but it may be best to avoid July-August – monsoon season. December-April is your best bet for warm, dry days.

ESSENTIAL INFO

Make sure you get your typhoid and hepatitis A jabs two weeks before you travel. If you're PADI certified, remember your ID as the diving here is incredible.

BOOK IT NOW!

Prices start from £195 per villa, per night, including bed, breakfast, a candlelit dinner for two + bottle of sparkling wine and chocolates. Visit www.baros.com

For flights directly to Male, returning via Colombo, Sri Lanka, call Kuoni Travel on 01306 747008 or visit www.kuoni.co.uk

